

Third International Youth Mental Health Conference 2015, Place des Arts, Montreal, Canada

8th – 10th October 2015

**Please allow yourself time to move to your next session*

Thursday 8th October 2015

8.00am - 10.00am Registration (Arrival Tea & Coffee) – *Soprano Foyer, Hyatt Regency Hotel*

Pre Conference Workshops (Coffee Breaks & Lunch Provided)

9.00am – 4.00pm	Workshop # 1 <i>Soprano A</i>	Workshop # 2 <i>Soprano C</i>	Workshop # 3 <i>Soprano B</i>	Workshop # 4 <i>Symphonie 1</i>	Workshop # 5 <i>Symphonie3</i>
	<p><i>Utilising Social Media to Promote Young Peoples Mental Health and Wellbeing</i></p> <p>Alicia Raimundo, Aiden Harrison, Michelle Blanchard Gina Rembe Chelsea Robinson</p>	<p><i>Changing mental health systems locally to act globally</i></p> <p>John Moran, Christian Whalen,</p>	<p><i>Coming in Loud and Clear: How to Grow Meaningful Involvement of young people</i></p> <p>Mary Ann Davis, Ashley Tritt, Poon Lye Yin, Amanda Costa, Kathryn Sabella</p>	<p><i>Family and Carer Engagement in Youth Mental Health</i></p> <p>Heather Stavely, Brenda Gladstone, Mary Anne Levasseur</p>	<p><i>How to ensure the next generation of practice and service are evidence based – A Practical Approach</i></p> <p>Ian Manion</p>
2.30pm – 4.00pm	<p>‘Youth Gathering’ Catch up & Connect Kris Gesling – IAYMH 2015 Youth Participation coordinator– <i>Imagination Meeting Room, Hyatt Regency Hotel</i></p>				
4.15pm – 4.45pm	<p>Conference Chairperson’s Briefing– <i>Imagination Meeting Room, Hyatt Regency Hotel</i></p>				
5.00pm – 7.00pm	<p>Welcome Reception– <i>Grand Salon Opera, Hyatt Regency Hotel</i> Delegates Only</p>				

Conference Day 1 - Friday 9th October

7.30 am - 8.30 am	Registration & Poster Set-Up – Foyer, Theatre Maisonneuve, Place Des Arts					
8.30 am - 10.15 am	Conference Opening and Plenary – Theatre Maisonneuve, Place Des Arts					
8.30 am	Welcome Entertainment – Theatre Maisonneuve, Place Des Arts					
8.50 am	Conference Welcome – Theatre Maisonneuve, Place Des Arts					
	Plenary 1 – Theatre Maisonneuve, Place Des Arts					
9.00 am - 9.20 am	Alicia Raimundo <i>Mental Health Superheroes: How we are changing the world together</i>					
9.20 am - 9.40 am	Maryann Davis and Tania Duperoy <i>Young People in the design, conduct, interpretation of research</i>					
9.40 am - 10.00 am	Ashok Malla <i>Project Access, Adolescent/ Young Adult Connections to Community – driven Early Strengths – based and stigma free services a Canadian approach to youth mental health</i>					
10.00 am - 10.15 am	Questions					
10.15 am - 10.45 am	Coffee Break – Foyer, Theatre Maisonneuve, Place Des Arts					
10.45 am - 12.45 pm	Concurrent 1 Stream – New service models, care culture and workforce <i>Theatre Maisonneuve – Place Des Arts</i> Chair Max Birchwood Amelia Marley	Concurrent 2 Stream – New biotherapies and psychosocial treatment options <i>Grand Salon Opera A – Hyatt Regency Hotel</i> Ashok Malla Alaadin Sidehmed	Concurrent 3 Table Top Stream – Social media, e mental health and technology <i>Grand Salon Opera B– Hyatt Regency Hotel</i> Craig Hodges Andriana Vimnitchok	Concurrent 4 Stream – Self harm and suicide <i>Grand Salon Opera C– Hyatt Regency Hotel</i> Bob Illback Benjamin Gill	Concurrent 5 Stream – Vocational recovery <i>Soprano A&B– Hyatt Regency Hotel</i> MaryAnn Davis Brett Bourdeau	Concurrent 6 Stream – Vulnerable and diverse population groups <i>Inspiration Meeting Room – Hyatt Regency Hotel</i> Ross Norman Emily Porter

<p>10.45am - 11.05am</p>	<p>Kerryn Pennell – Invited Speaker</p> <p>The Australian Youth Mental health workforce strategy: A roadmap to a sustainable and skilled youth mental health workforce</p>	<p>Rosemary Purcell – Invited Speaker</p> <p>Physical activity and depression in young people: Overview of the evidence and applying it in practice</p>	<p>1 – Brenda Gladstone - 343</p> <p>(Co) Producing Digital Stories with Young People who have Parents with Mental Illnesses: Seeking Help and Managing “the Pity Look”</p> <p>2 – Phil Laing – 101</p> <p>Enter the Mind Zone – Providing Health Education around Psychosis to Young People through Game-Play</p>	<p>Jo Robinson – 57</p> <p>Young people, social media and suicide prevention: The Bayside ‘safe conversations’ project</p>	<p>Emmet Power – 282</p> <p>Economic inactivity and youth mental health, an Irish longitudinal study</p>	<p>Rick Shaw – Invited Speaker</p> <p>Youth, Policing and the Criminal Justice System</p>
<p>11.05am - 11.25am</p>	<p>Garry Blau - Invited Speaker</p> <p>Implementing Effective Services and Support for Youth with serious Mental Health Conditions in the U.S: The System of Care Approach</p>	<p>Dorien Nieman – Invited Speaker</p> <p>Self-management of mental health problems in young people</p>	<p>3 – Deepika Ratnaik – 174</p> <p>How to provide 24/7 support in a 9-5 work day: the benefit of e-mental health tools for young people and service providers</p>	<p>Magenta Simmons – 313</p> <p>Comprehensive online self-monitoring to support clinicians in managing the risk of suicide in young people being treated for depression</p>	<p>Eoin Killackey – 161</p> <p>Not getting lost in translation: Turning psychosocial research into policy and practice</p>	<p>Steve Mathias – Invited Speaker</p> <p>Homelessness in youth – The portrait of two Canadian Urban initiatives from Coast to Coast</p>
<p>11.25am - 11.45am</p>	<p>Shane Cross – 310</p> <p>Service utilisation, clinical and vocational outcomes for young people in an Australian headspace centre managed under a clinical staging</p>	<p>Andrew Thompson – 375</p> <p>The longitudinal association between social cognitive ability, attributional style and late adolescent psychotic experiences in a birth cohort</p>	<p>4 – Barbara Chyzy – 25</p> <p>Mobile Phone Based Peer Support to Prevent Postpartum Depression in Adolescent Mothers: A Pilot Randomized Controlled Trial</p>	<p>Maria Michail – 63</p> <p>The PRIMER Study: An educational intervention for General Practitioners on youth suicide prevention</p>	<p>Kathryn Sabella – 346</p> <p>Depressive symptoms in adolescence as a predictor of employment quality in young adulthood</p>	<p>Shruthi Venkataraman – 168</p> <p>An examination of cultural competence in youth mental healthcare providers: Perspectives of service users,</p>

	service model		<p>5 – Jill Lynch -163</p> <p>Authentic Community Engagement: An Essential Ingredient to Improve Mental Health Services for Transition Age Youth</p>			treatment providers and family members
			<p>6 – Marc Miresco –291</p> <p>Designing a mental health symptom-tracking app in collaboration with youth users</p>			
11.45 am – 12.05 pm	<p>Max Simensen – 40</p> <p>The Choice Project: An innovative approach to peer work and shared decision making</p>	<p>Renate Reniers– 89</p> <p>It’s all in the reward: the influence of peer presence on risk-taking behaviour during young adulthood</p>	<p>7 –Nicky Fearon - 156</p> <p>Co-creation with young people to develop a health and wellbeing app</p>	<p>Kristen Douglas – 299</p> <p>NIP It In the Bud! The SAFEMinds Notice, Inquire, Plan early intervention approach for teachers and parents to address emotional distress</p>	<p>Tim Clarke – 203</p> <p>Detection and early intervention to target social recovery in young people with early psychosis and At Risk Mental States who are NEET: the PRODIGY and SUPEREDEN3 trials</p>	<p>Chris Richardson – 398</p> <p>Exploring the impact of a history of foster care on youth enrolled in an intensive case management program in Vancouver from 2007 to 2013</p>
			<p>8 – Tania Duperoy - 379</p> <p>Conquering the Social Media Monster: Engaging Young Adults in the Mental Health Community on the Web</p>			
			<p>9 – Zachary Johnstone -250</p> <p>Engaging Youth in Mental Health Promotion: The Dare to Dream Program</p>			
12.05 pm – 12.25 pm	<p>Sandra Radovini – 294</p> <p>Expanding the</p>	<p>Jone Bjornestad - 108</p> <p>Experiencing the process of clinical recovery from first-</p>	<p>10 – Casey Manson - 301</p> <p>headspace Youth Advocates for Change Program</p>	<p>Michelle Cianfrone – 185</p> <p>The role of social media in suicide prevention</p>	<p>Atari Metcalf – 179</p> <p>Help-seeking preferences and</p>	<p>Jeanne Forde - 288</p> <p>Evaluating the Impact of Participation in a</p>

	frame - adding early psychosis services to the headspace platform	episode psychosis - What worked?	11 – Gillian Mulvale - 258 myEXP		behaviours amongst young Australians: results from a large nationally representative cross-sectional study	Youth Mental Health Peer Education Programme
12.25 pm – 12.45 pm	Marie Nolin – 50 Early intervention for psychosis in Canada: what is the state of affairs?	Nick Peiper- 236 Person-Centered Approaches to Informing Youth Mental Health Services in Ireland		Christopher Harris – 419 Combatting male youth suicide: involving young men in solving young men’s problems:	Julia Riddell – 390 Organizational practices to support young employees with mental health challenges	Debra Rickwood– 302 Measuring the satisfaction of young people and their family and friends with youth mental health (headspace) services
12.45 pm – 1.00 pm	Welcome Address – Theatre Maisonneuve, Place Des Arts Dr. Gaétan Barette Minister of Health & Social Services – Québec Government					
1.00 pm – 2.15 pm	Lunch & Marketplace – Foyer and Salon Urbain, Theatre Maisonneuve, Place Des Arts Poster Session 1 – Tours commence @ 1:15pm - Foyer, Theatre Maisonneuve, Places Des Arts Stream: Service Models and what works in psychosis Stream: Service Models and what works in mental illness Stream: New Service Models Stream: Vulnerable and diverse youth population groups Stream: Mental health literacy Stream: School-based initiatives					
	Plenary 2 – Theatre Maisonneuve, Place Des Arts					
2.15 pm – 2.35 pm	Susan Blishen <i>How can mental health informed youth work help young people?</i> <i>Reflections from the Right Here Programme, UK</i>					

2.35 pm - 2.55 pm	Tony Bates <i>Transforming how a Nation thinks about Youth Mental Health: An Irish Story</i>				
2.55 pm - 3.10 pm	Questions				
3.10 pm - 3.40 pm	Coffee Break –Foyer, Theatre Misonneuve, Place Des Arts				
3.40 pm - 5.20 pm	<p align="center">Concurrent 7</p> <p align="center">Table Top Stream – New approaches, service models and resources</p> <p align="center"><i>Grand Salon Opera B– Hyatt Regency Hotel</i></p> <p align="center">Chair</p> <p align="center">Cameron Aiken Chris Harris</p>	<p align="center">Concurrent 8</p> <p align="center">Stream – Approaches to mental health, including substance abuse</p> <p align="center"><i>Grand Salon Opera A – Hyatt Regency Hotel</i></p> <p align="center">Barbara Dooley Dexter John Nyuumibe</p>	<p align="center">Concurrent 9</p> <p align="center">Stream – Mental health literacy, stigma and creativity</p> <p align="center"><i>Grand Salon Opera C– Hyatt Regency Hotel</i></p> <p align="center">Mary Cannon Tania Duperoy</p>	<p align="center">Concurrent 10</p> <p align="center">Stream –New approaches and use of technology</p> <p align="center"><i>Soprano A&B– Hyatt Regency Hotel</i></p> <p align="center">Gary Blau Farjad Agha</p>	<p align="center">Concurrent 11</p> <p align="center">Stream – Vulnerable and diverse population groups</p> <p align="center"><i>Inspiration Meeting Room– Hyatt Regency Hotel</i></p> <p align="center">Sandra Radovini Gerrit Wesselink</p>
3.40 pm - 4.00 pm	<p>1 – Julia Riddell - 155 Challenges and changes: Understanding the journey of change for youth with co-occurring addiction and mental health issues through a multi-modal treatment program</p> <p>2 –Kathleen MacDonald – 366 Delivering rapid access to youth mental health services: Scaling up a first-episode psychosis screening program</p>	<p>Howard Steiger – Invited Speaker Eating disorders: My how they've changed!</p>	<p>Alexander Stretton – 43 Receptiveness to Help-Seeking Influence: Implications for Mental Health Help-Seeking by Youth</p>	<p>Evelien Joosten – 90 Opening the black-box of youth mental health care</p>	

4.00 pm - 4.20 pm	3 – Michelle Blanchard - 189 By young people, for young people: the role of youth participation	Patricia Conrod – Invited Speaker Personality-targeted interventions for youth substance use and mental health problems: preventative effects and youth subjective experiences	Despina Papadopoulos – 267 Making Emerging Adults with Mental Health Needs a Priority in Canada: Examining National, Provincial and Regional Perspectives	Alain Johnson – 138 What’s Ahead in e-Counselling for Adolescents?: Development, Delivery and Evaluation of a Live Chat Service	Chelsea Robinson & Gina Rembe – Invited Speakers Co-designing solutions to promote resilience in New Zealand young people
4.20 pm - 4.40 pm	4 - Kirsten Cleland - 222 Embedding an early psychosis programme into a headspace service. 5 – Christopher Bowie - 115 Remote Cognitive Remediation: Using Web-Based Cognitive Training to Reach Underserved Populations 6 - Louise McCutcheon – 408 The challenges of implementing an early intervention program for BPD into a CYMHS	Rebeccah Marsh – 268 Concurrent treatment for youth with mental health and addiction challenges: presentation, outcomes, and lessons learned	Delina Evans & Mat Ferguson – 210 Using a creative design process with young people to develop an appropriate and accessible Youth mental health service: A design brief from an Early-lab field trip	Sally Bradford – 9 ‘MyAssessment’: Development, Clinical Uses and Outcomes, and Approaches for future implementation	Rebecca Randall- 73 ”I want to do something positive with my experiences” – how and why young people are involved in the Young and Well Cooperative Research Centre
4.40 pm - 5.00 pm	7 – David Charnock - 132 The sisters of children with autistic spectrum disorder: The need for connection in	Marisa Mariella&Halina Saliccioli - 182 iMATTER: Taking Care of Teen	Zachary Lang- 146 Reducing Stigma Through Peer Outreach and Support	Atari Metcalf – 359 ReachOut.com Cohort Study: a prospective follow-up study	Aoife Price & Amelia Marley – 362 Jigsaw: An Irish mental

	<p>approaches to mental well-being.</p> <p>8 - Angela Livingstone –96</p> <p>Transition to adult services for young people with ASD - how can this be improved?</p>	Mental Health		examining the role of online initiatives in promoting mental health literacy and early help-seeking	health service shaped by young people for young people.
5.00 pm - 5.20 pm	<p>9- Steve Leicester–304</p> <p>Right time, space and place – extending youth mental health care online through eheadspace</p> <p>10 – Dr. Patricia Pottie - 99</p> <p>Strongest Families Institute: Online Anxiety Intervention for Children and Youth</p> <p>11 – Stéphane Picard - 415</p> <p>The challenges of working with complex symptomatic youth and their families in an adolescent day hospital setting when isomorphism or parallel process occurs</p>	Srividya Iyer - 386	Sonja March – 334	Deepika Ratnaiké– 208	Tim Carter – 10
		Evaluating ACCESS, a large-scale youth mental health services transformation project in Canada	Logging into therapy: A snapshot of the attitudes and intentions to use computer-based therapies of clinicians, adolescents, young adults and parents	Getting the balance right: Young people’s role in balancing the opportunities and issues emerging technologies provide for youth mental health services.	Preferred intensity exercise - a useful strategy for young people with depression
5.20 pm	End of Day 1				
5.20 pm - 6.00 pm	IAYMH 2017 & Beyond Conference Bid Q&A (By Appointment with Kerryn Pennell) – Grand Salon Opera A, Hyatt Regency Hotel				
5.20 pm - 6.30 pm	Special Interest Group: Youth Partnership in Research – Inspiration Meeting Room, Hyatt Regency Hotel <i>Convened by Magenta Simmons</i>				

Conference Day 2 - Saturday 10th October 2015

8.00 a m - 9.00 a m	Registration & Poster Set Up – <i>Foyer, Theatre Misonneuve, Place Des Arts</i>				
8.00 a m - 8.45 a m	IAYMH Annual General Meeting – <i>Inspiration Meeting Room, Hyatt Regency Hotel</i> IAYMH Members welcome to attend				
8:55 a m – 9:00 a m	Conference Opening and Housekeeping – <i>Theatre Misonneuve, Place Des Arts</i>				
	Plenary 3 – <i>Theatre Misonneuve, Place Des Arts</i>				
9.00 a m - 9.20 a m	Sarah Brennan and Patrick McGorry in Conversation with Muna Mohamed <i>Advocating for and Achieving real world reforms and investment in youth mental health</i>				
9.20 a m - 9.40 a m	Nicola Byrom <i>Promoting Mental Health and Wellbeing in Higher Education: Taking Students With Us.</i>				
9.40 a m - 10.00 a m	Swaran Singh <i>The Milestone Project: Managing the link and strengthening transitions from child to adult mental health care</i>				
10.00 a m - 10.20 a m	Questions				
10.20 a m - 10.50 a m	Coffee Break – <i>Foyer, Theatre Misonneuve, Place Des Arts</i>				
10.50 a m - 12.30 p m	<p>Concurrent 12</p> <p>Stream–Measuring what works, outcome and outputs</p> <p><i>Theatre Misonneuve – Place Des Arts</i></p> <p>Chair</p> <p>Swaran Singh Helen Pepper</p>	<p>Concurrent 13</p> <p>Table Top Theme – Community approaches and student wellbeing</p> <p><i>Grand Salon Opera B –Hyatt Regency Hotel</i></p> <p>James Barry Kabisha Velaulthapillai</p>	<p>Concurrent14</p> <p>Stream – Strength-based approaches, resiliency and recovery</p> <p><i>Grand Salon Opera A– Hyatt Regency Hotel</i></p> <p>Sarah Brennan Luming Li</p>	<p>Concurrent 15</p> <p>Stream - Social media, e-health and new technologies</p> <p><i>Soprano A&B– Hyatt Regency Hotel</i></p> <p>Ian Boeckh Meagan Van Massenhoven</p>	<p>Concurrent 16</p> <p>Stream – School and campus-based mental health initiatives</p> <p><i>Inspiration Meeting Room – Hyatt Regency Hotel</i></p> <p>Michelle Atkinson</p>
10.50 a m -	Srividya Iyer – Invited Speaker	1 – Daphne Hutt-Mac Leod	Ian Manion – Invited Speaker	Jane Burns – Invited Speaker	Stan Kutcher – Invited Speaker

11.10 am	Youth Mental Health Services Research and Evaluation: Considerations, Challenges and Opportunities	- 274 Developing spaces and places for youth mental health: The role of community development	It's in the mashed potatoes : Promotion and Prevention through meaningful youth engagement	Understanding Synergy: how technology can ensure young people receive support when they need it most	Integrated Mental Health Literacy in Secondary Schools; Model; Practice and Results
		2 –Chiachen Cheng - 243 Getting the Message Right: NorthBEAT's Innovative Knowledge Exchange and Stakeholder Engagement			
11.10 am - 11.30 am	Debra Rickwood– Invited Speaker Is headspace making a difference? Evaluating Youth Mental Health Service Innovation in the real world	3 – Natalie Baker - 395 Just Say Know: Engaging Young People living with Psychosis to Explore their Recreational Drug Use Using Creative Approaches	Shalini Lal – 389 Family experiences and perspectives on the subject of relapse in first-episode psychosis	Charlotte Connor – 120 Don't turn your back on the symptoms of psychosis: the results of a proof-of-principle, quasi-experimental intervention to reduce duration of untreated psychosis	Daniel Kirsch – Invited Speaker College Mental Health in the U.S. – Overview and Critique
		4 – Jonathan Delman - 368 Key Factors impacting success of young adult peer recovery workers: Developing a research framework and providing practice guidance			
11.30 am - 11.50 am	Rosie Purcell – 278 What predicts transition in clinical stage among young people seeking help for mental health problems? Using	5 – Sarah Mughal - 324 Making Noise. Changing Minds. How Students at McGill are Fighting Stigma	Cherry Hense – 305 Promoting young people's musical identities to facilitate recovery	Atari Metcalf – 196 21st century mental health care: the role of online communities	Kathryn Sabella – 372 The experiences of young adult undergraduate college students with mental health conditions
		6 – Catherine Burrows - 224			

	clinical staging to better understand illness progression	Partners for Life: a school-based mental health initiative			
11.50 am - 12.10 pm	Leanne Hides – 219 Testing the multidimensional model of mental health in young people	7 – Christine McMulkin -382 Stella's Place Peer Support Training Certificate: Equipping Young Adults with the Practical and People Skills Needed to fulfill Peer Support Worker Roles	Joanna Henderson – 124 Using stakeholder-informed research to influence system change: Findings from a national multi-community initiative	Mario Alvarez-Jimenez – 87 Moderated online social therapy for depression relapse prevention: Outcomes from the Latitudes 12-week pilot study	Vibeke Krane- 193 The perceived influence of teacher-student relationship on students mental health and dropout from high school
		8 – Yifeng Wei - 49 “Transitions” – An Evidence-Based Mental Health Literacy Resource for First Year Post-Secondary Students			
		9 - Yifeng Wei– 48 An Evidence-Based Mental Health Literacy Curriculum Resource for Secondary Schools			
12.10 pm - 12.30 pm	John Moran – 414 A National Research Priorities and Implementation Framework for Youth Mental Health Research in Australia	10 – Michelle Cianfrone - 245 Reaching Youth: e-Mental Health Resources for Young People in British Columbia	Jai Shah – 339 Health services and policy implications of staging models for high-risk states in youth mental health	Rachel Kenny – 280 Evaluating the Efficacy of Self-Monitoring Mobile Apps in Youth Mental Health: A Randomised Controlled Trial	Barbara Dooley – 363 Evaluation of the Mental Health Awareness Initiative (MHAi)
		11 – Aoife Price - 326 SPARKS – An Innovative and			

		Accessible Mental Health Resource for Young People in Distress			
12.30 pm - 1.40 pm	Lunch & Marketplace - Foyer, Theatre Maisonneuve, Places Des Arts Performance - Ils m'ont dit is a contemporary dance work that speaks to the inner world of young people with an experience of mental ill - health. It honours the complexity of their relationships with others, and celebrates the inherent dignity in their lives. Poster Session 2 – Tours commence @ 12:45pm - Foyer, Theatre Maisonneuve, Places Des Arts Stream: Suicide and Self-Harm Stream: Youth participation Stream: New Technologies Stream: Brain Development Stream: Substance Use Stream: Employment Stream: Physical Activity Stream: Strength-based Approaches Stream: Measuring Outcomes				
1.40 pm - 3.00 pm	Concurrent 17 Stream – Mental health literacy and stigma <i>Theatre Maisonneuve – Places Des Arts</i> Chair Sarah Alvo	Concurrent 18 Stream – Social media, e-health and new technologies <i>Grand Salon Opera A– Hyatt Regency Hotel</i> John Moran	Concurrent 19 Table Top Theme – Youth engagement and participation <i>Grand Salon Opera B– Hyatt Regency Hotel</i> Tabitha Whitney Helen Coughlan	Concurrent 20 New service models, care culture and workforce <i>Soprano A&B– Hyatt Regency Hotel</i> Tommy Chan	Concurrent 21 Stream - Vulnerable and diverse population groups <i>Inspiration – Hyatt Regency Hotel</i> Andrew Chanen Alice Montague
1.45 pm - 2.05 pm	Ross Norman – Invited Speaker Stigma associated with psychotic disorders; Some potential levers for	Mario Alvarez-Jimenez– 315 The Meridian Project: Moderated Online Social Therapy for Supporters of	1 –Jon Wilson - 194 The Norfolk Youth Mental Health Model: Description, design, development and data of a novel pilot youth mental health service in	Max Birchwood – 123 Development of a new 0-25 children and young people's	Mary Cannon – Invited Speaker Childhood Trauma and Voice Hearing among young people

	change	Young People Suffering from Depression and Anxiety	the UK 2 –Sam Wild - 183 Yarn Safe - a co-design mental health campaign for Aboriginal and Torres Strait Islander young Australians	mental health services in Birmingham, UK	– a new target for prevention?
2.05 pm - 2.25 pm	Eilis Hennessy – 373 Understanding the roles of adults and peers in the development of stigma towards ADHD: Contributions from three experimental studies	Brandi Bell – 159 Exploring the Paradoxes of Digital Media and Youth Mental Health: Grounding Research in Young Lives	3 –Aaron Galbraith - 365 Young People are Making Change. 4 – Deepika Ratnaik - 361 The power of youth participation: how involving young people can address issues of quality and access in mental health service delivery 5 –Christopher Canning - 36 The Mental Health Strategy for Canada: A Youth Perspective	Bob Illback – 289 Description and Outcome Evaluation of Jigsaw: An Emerging Irish Mental Health Early Intervention Programme for Young People	Daphne Hutt McLeod – 226 A Wounded Eagle Learns to Soar: Eskasoni First Nation's Experience with Implementing a Community Mental Health Model
2.25 pm - 2.45 pm	Larissa Karklins– 55 Coping, mental health and cyberbullying: Understanding the coping behaviours of adolescents and their reluctance to seek help	Michelle Blanchard – 190 Technology and mental health: the role of e-mental health services in practice	6 – Lisa Lachance - 234 The CYCC Network - Youth at the Heart of Knowledge Mobilization 7 – Michelle Atkinson - 387 Straight from the horse's mouth: Maximising value from youth consumer participation 8 – Robert Leon Jorgensen - 318 Peer to peer organizations working with young people and mental health	Timothy Clarke &Uju Ugochukwu – 198 The Norfolk Youth Mental Health Model: Pathways to care of young people accessing a pilot youth mental health service	Margaret Walsh – 307 Using technology to engage justice involved youth in building strengths and learning emotion regulation, self-control and problem solving skills

			issues in Norway. What can professionals health services learn?		
			9 – Magenta Simmons - 309 Right Choice Right Time: Empowering Young People to Make Evidence-Based Decisions about Treatment for Depression		
2.45 pm - 3.05 pm	Emma Corlett – 133 As this is only now	Caroline Donovan – 113 BRAVE-ONLINE: Successes and challenges associated with wide scale dissemination of an internet-based CBT program for youth anxiety disorders	10 – James Barry – 292 An Investigation of Youth Participation in an Irish Youth Mental Health Service: Staff and Young People’s Perspectives. 11 – Jane Burns – 356 The e-Mental Health Clinic: breaking down traditional mental health care barriers by utilizing new and emerging technologies	Gina Rembe – 265 Impact evaluation for complex problems – increasing speed, agility & effectiveness	Amanda Fitzgerald – 111 A Randomized Controlled Trial of a Computerized Attention Bias Modification Training for Socially Anxious Adolescents: Is It Really Worth Attending To?
3:05 pm - 3:30 pm	Coffee Break – Foyer, Theatre Maisonneuve, Places Des Arts				
3.30 pm - 4.00 pm	Youth Panel in conversation with Michelle Blanchard, Aiden Harrison & Helen Coughlan <i>Theatre Maisonneuve, Places Des Arts</i>				
4.00 pm - 4.20 pm	Lock Note Address Ian Manion & Emily Mignacca <i>Theatre Maisonneuve, Places Des Arts</i>				
4:20 pm - 4.30 pm	Conference Close				