

# Third International Youth Mental Health Conference 2015, Place des Arts, Montreal, Canada

8<sup>th</sup> – 10<sup>th</sup> October 2015

*\*Please allow yourself time to move to your next session*

<b>Thursday 8<sup>th</sup> October 2015</b>					
<b>8.00 am - 10.00 am</b>	<b>Registration (Arrival Tea &amp; Coffee)</b> – <i>Soprano Foyer, Level 4, Hyatt Regency Hotel</i>				
<b>Pre Conference Workshops (Coffee Breaks &amp; Lunch Provided)</b>					
<b>9.00 am – 4.00 pm</b>	<b>Workshop # 1</b> <i>Soprano A Level 4</i>	<b>Workshop # 2</b> <i>Soprano C Level 4</i>	<b>Workshop # 3</b> <i>Soprano B Level 4</i>	<b>Workshop # 4</b> <i>Symphonie 1 Level 5</i>	<b>Workshop # 5</b> <i>Symphonie3 Level 5</i>
	<i>Utilising Social Media to Promote Young Peoples Mental Health and Wellbeing</i>  <b>Alicia Raimundo, Aiden Harrison, Michelle Blanchard Gina Rembe Chelsea Robinson</b>	<i>Thinking globally to change mental health systems locally: Implementing the International Youth Mental Health Declaration</i>  <b>John Moran, Christian Whalen</b>	<i>Coming in Loud and Clear: How to Grow Meaningful Involvement of young people</i>  <b>Mary Ann Davis, Ashley Tritt, Poon Lye Yin, Amanda Costa, Kathryn Sabella</b>	<i>Family and Carer Engagement in Youth Mental Health</i>  <b>Heather Stavely, Brenda Gladstone, Mary Anne Levasseur</b>	<i>How to ensure the next generation of practice and service are evidence based – A Practical Approach</i>  <b>Ian Manion</b>
<b>2.30 pm – 4.00 pm</b>	<b>'Youth Gathering' Catch up &amp; Connect</b> Kris Gesling – IAYMH 2015 Youth Participation coordinator– <i>Imagination Meeting Room, Level 6, Hyatt Regency Hotel</i>				
<b>4.15 pm – 4.45 pm</b>	<b>Conference Chairperson's Briefing</b> – <i>Imagination Meeting Room, Level 6, Hyatt Regency Hotel</i>				
<b>5.00 pm – 7.00 pm</b>	<b>Welcome Reception</b> – <i>Grand Salon Opera, Level 4, Hyatt Regency Hotel</i> Delegates Only				

# Conference Day 1 - Friday 9<sup>th</sup> October

7.30 am - 8.30 am	<b>Registration &amp; Poster Set-Up</b> – Foyer, Theatre Maisonneuve, Place Des Arts					
8.30 am - 10.15 am	<b>Conference Opening and Plenary</b> – Theatre Maisonneuve, Place Des Arts					
8.30 am	<b>Welcome Entertainment</b> – Theatre Maisonneuve, Place Des Arts					
8.50 am	<b>Conference Welcome</b> – Theatre Maisonneuve, Place Des Arts					
	<b>Plenary 1</b> – Theatre Maisonneuve, Place Des Arts					
9.00 am - 9.20 am	<b>Alicia Raimundo</b> <i>Mental Health Superheroes: How we are changing the world together</i>					
9.20 am - 9.40 am	<b>Maryann Davis and Tania Duperoy</b> <i>Young People in the design, conduct, interpretation of research</i>					
9.40 am - 10.00 am	<b>Ashok Malla</b> <i>Project Access, Adolescent/ Young Adult Connections to Community – driven Early Strengths – based and stigma free services a Canadian approach to youth mental health</i>					
10.00 am - 10.15 am	<b>Questions</b>					
10.15 am - 10.45 am	<b>Coffee Break</b> – Foyer, Theatre Maisonneuve, Place Des Arts					
10.45 am - 12.45 pm	<b>Concurrent 1</b>  <b>Stream – New service models, care culture and workforce</b>  <i>Theatre Maisonneuve – Place Des Arts</i>  <b>Chair</b>  <b>Max Birchwood</b> <b>Amelia Marley</b>	<b>Concurrent 2</b>  <b>Stream – New biotherapies and psychosocial treatment options</b>  <i>Grand Salon Opera A – Level 4 - Hyatt Regency Hotel</i>  <b>Ashok Malla</b> <b>Alaadin Sidehmed</b>	<b>Concurrent 3</b>  <b>Table Top Stream – Social media, e mental health and technology</b>  <i>Grand Salon Opera B – Level 4 - Hyatt Regency Hotel</i>  <b>Craig Hodges</b> <b>Andriana Vimnitchok</b>	<b>Concurrent 4</b>  <b>Stream – Self harm and suicide</b>  <i>Grand Salon Opera C – Level 4 - Hyatt Regency Hotel</i>  <b>Bob Illback</b> <b>Benjamin Gill</b>	<b>Concurrent 5</b>  <b>Stream – Vocational recovery</b>  <i>Soprano A&amp;B – Level 4 - Hyatt Regency Hotel</i>  <b>MaryAnn Davis</b> <b>Brett Bourdeau</b>	<b>Concurrent 6</b>  <b>Stream – Vulnerable and diverse population groups</b>  <i>Inspiration Meeting Room – Level 6 - Hyatt Regency Hotel</i>  <b>Ross Norman</b> <b>Emily Porter</b>

<p><b>10.45am - 11.05am</b></p>	<p><b>Kerryn Pennell – Invited Speaker</b></p> <p>The Australian Youth Mental health workforce strategy: A roadmap to a sustainable and skilled youth mental health workforce</p>	<p><b>Rosemary Purcell – Invited Speaker</b></p> <p>Physical activity and depression in young people: Overview of the evidence and applying it in practice</p>	<p><b>1 – Brenda Gladstone - 343</b></p> <p>(Co) Producing Digital Stories with Young People who have Parents with Mental Illnesses: Seeking Help and Managing “the Pity Look”</p> <p><b>2 – Phil Laing – 101</b></p> <p>Enter the Mind Zone – Providing Health Education around Psychosis to Young People through Game-Play</p>	<p><b>Jo Robinson – 57</b></p> <p>Young people, social media and suicide prevention: The Bayside ‘safe conversations’ project</p>	<p><b>Emmet Power – 282</b></p> <p>Economic inactivity and youth mental health, an Irish longitudinal study</p>	<p><b>Rick Shaw – Invited Speaker</b></p> <p>Youth, Policing and the Criminal Justice System</p>
<p><b>11.05am - 11.25am</b></p>	<p><b>Garry Blau - Invited Speaker</b></p> <p>Implementing Effective Services and Support for Youth with serious Mental Health Conditions in the U.S: The System of Care Approach</p>	<p><b>Dorien Nieman – Invited Speaker</b></p> <p>Self-management of mental health problems in young people</p>	<p><b>3 – Deepika Ratnaik – 174</b></p> <p>How to provide 24/7 support in a 9-5 work day: the benefit of e-mental health tools for young people and service providers</p>	<p><b>Magenta Simmons – 313</b></p> <p>Comprehensive online self-monitoring to support clinicians in managing the risk of suicide in young people being treated for depression</p>	<p><b>Eoin Killackey – 161</b></p> <p>Not getting lost in translation: Turning psychosocial research into policy and practice</p>	<p><b>Steve Mathias – Invited Speaker</b></p> <p>Homelessness in youth – The portrait of two Canadian Urban initiatives from Coast to Coast</p>
<p><b>11.25am - 11.45am</b></p>	<p><b>Shane Cross – 310</b></p> <p>Service utilisation, clinical and vocational outcomes for young people in an Australian headspace centre managed under a clinical staging</p>	<p><b>Andrew Thompson – 375</b></p> <p>The longitudinal association between social cognitive ability, attributional style and late adolescent psychotic experiences in a birth cohort</p>	<p><b>4 – Barbara Chyzy – 25</b></p> <p>Mobile Phone Based Peer Support to Prevent Postpartum Depression in Adolescent Mothers: A Pilot Randomized Controlled Trial</p>	<p><b>Maria Michail – 63</b></p> <p>The PRIMER Study: An educational intervention for General Practitioners on youth suicide prevention</p>	<p><b>Kathryn Sabella – 346</b></p> <p>Depressive symptoms in adolescence as a predictor of employment quality in young adulthood</p>	<p><b>Shruthi Venkataraman – 168</b></p> <p>An examination of cultural competence in youth mental healthcare providers: Perspectives of service users,</p>

	service model		<p><b>5 – Jill Lynch -163</b></p> <p>Authentic Community Engagement: An Essential Ingredient to Improve Mental Health Services for Transition Age Youth</p>			treatment providers and family members
			<p><b>6 – Marc Miresco –291</b></p> <p>Designing a mental health symptom-tracking app in collaboration with youth users</p>			
<b>11.45 am – 12.05 pm</b>	<p><b>Max Simensen – 40</b></p> <p>The Choice Project: An innovative approach to peer work and shared decision making</p>	<p><b>Renate Reniers– 89</b></p> <p>It’s all in the reward: the influence of peer presence on risk-taking behaviour during young adulthood</p>	<p><b>7 –Nicky Fearon - 156</b></p> <p>Co-creation with young people to develop a health and wellbeing app</p>	<p><b>Kristen Douglas – 299</b></p> <p>NIP It In the Bud! The SAFEMinds Notice, Inquire, Plan early intervention approach for teachers and parents to address emotional distress</p>	<p><b>Tim Clarke – 203</b></p> <p>Detection and early intervention to target social recovery in young people with early psychosis and At Risk Mental States who are NEET: the PRODIGY and SUPEREDEN3 trials</p>	<p><b>Chris Richardson – 398</b></p> <p>Exploring the impact of a history of foster care on youth enrolled in an intensive case management program in Vancouver from 2007 to 2013</p>
			<p><b>8 – Tania Duperoy - 379</b></p> <p>Conquering the Social Media Monster: Engaging Young Adults in the Mental Health Community on the Web</p>			
			<p><b>9 – Zachary Johnstone -250</b></p> <p>Engaging Youth in Mental Health Promotion: The Dare to Dream Program</p>			
<b>12.05 pm – 12.25 pm</b>	<p><b>Sandra Radovini – 294</b></p> <p>Expanding the</p>	<p><b>Jone Bjornestad - 108</b></p> <p>Experiencing the process of clinical recovery from first-</p>	<p><b>10 – Casey Manson - 301</b></p> <p>headspace Youth Advocates for Change Program</p>	<p><b>Michelle Cianfrone – 185</b></p> <p>The role of social media in suicide prevention</p>	<p><b>Atari Metcalf – 179</b></p> <p>Help-seeking preferences and</p>	<p><b>Jeanne Forde - 288</b></p> <p>Evaluating the Impact of Participation in a</p>

	frame - adding early psychosis services to the headspace platform	episode psychosis - What worked?	<b>11 – Gillian Mulvale - 258</b> myEXP		behaviours amongst young Australians: results from a large nationally representative cross-sectional study	Youth Mental Health Peer Education Programme
<b>12.25 pm – 12.45 pm</b>	<b>Marie Nolin – 50</b> Early intervention for psychosis in Canada: what is the state of affairs?	<b>Nick Peiper- 236</b> Person-Centered Approaches to Informing Youth Mental Health Services in Ireland		<b>Christopher Harris – 419</b> Combatting male youth suicide: involving young men in solving young men’s problems:	<b>Julia Riddell – 390</b> Organizational practices to support young employees with mental health challenges	<b>Debra Rickwood– 302</b> Measuring the satisfaction of young people and their family and friends with youth mental health (headspace) services
<b>12.45 pm – 1.00 pm</b>	<b>Welcome Address – Theatre Maisonneuve, Place Des Arts</b> <b>Dr. Gaétan Barette</b> Minister of Health & Social Services – Québec Government					
<b>1.00 pm – 2.15 pm</b>	<b>Lunch &amp; Marketplace – Foyer and Salon Urbain, Theatre Maisonneuve, Place Des Arts</b> <b>Poster Session 1 – Tours commence @ 1:15pm - Foyer, Theatre Maisonneuve, Places Des Arts</b> <b>Stream:</b> Service Models and what works in psychosis <b>Stream:</b> Service Models and what works in mental illness <b>Stream:</b> New Service Models <b>Stream:</b> Vulnerable and diverse youth population groups <b>Stream:</b> Mental health literacy <b>Stream:</b> School-based initiatives					
	<b>Plenary 2 – Theatre Maisonneuve, Place Des Arts</b>					
<b>2.15 pm – 2.35 pm</b>	<b>Susan Blishen</b> <i>How can mental health informed youth work help young people?</i> <i>Reflections from the Right Here Programme, UK</i>					

<b>2.35 pm - 2.55 pm</b>	<b>Tony Bates</b> <i>Transforming how a Nation thinks about Youth Mental Health: An Irish Story</i>				
<b>2.55 pm - 3.10 pm</b>	<b>Questions</b>				
<b>3.10 pm - 3.40 pm</b>	<b>Coffee Break – Foyer, Theatre Misonneuve, Place Des Arts</b>				
<b>3.40 pm - 5.20 pm</b>	<b>Concurrent 7</b>	<b>Concurrent 8</b>	<b>Concurrent 9</b>	<b>Concurrent 10</b>	<b>Concurrent 11</b>
	<b>Table Top Stream – New approaches, service models and resources</b>	<b>Stream – Approaches to mental health, including substance abuse</b>	<b>Stream – Mental health literacy, stigma and creativity</b>	<b>Stream – New approaches and use of technology</b>	<b>Stream – Vulnerable and diverse population groups</b>
	<i>Grand Salon Opera B – Level 4 - Hyatt Regency Hotel</i>	<i>Grand Salon Opera A – Level 4 - Hyatt Regency Hotel</i>	<i>Grand Salon Opera C – Level 4 - Hyatt Regency Hotel</i>	<i>Soprano A&amp;B – Level 4 - Hyatt Regency Hotel</i>	<i>Inspiration Meeting Room – Level 6 - Hyatt Regency Hotel</i>
<b>Chair</b>	<b>Cameron Aiken Chris Harris</b>	<b>Barbara Dooley Dexter John Nyuumibe</b>	<b>Tania Duperoy Patrick Power</b>	<b>Gary Blau Farjad Agha</b>	<b>Sandra Radovini Gerrit Wesselink</b>
<b>3.40 pm - 4.00 pm</b>	<b>1 – Julia Riddell - 155</b> Challenges and changes: Understanding the journey of change for youth with co-occurring addiction and mental health issues through a multi-modal treatment program	<b>Howard Steiger – Invited Speaker</b>  Eating disorders: My how they've changed!	<b>Alexander Stretton – 43</b>  Receptiveness to Help-Seeking Influence: Implications for Mental Health Help-Seeking by Youth	<b>Evelien Joosten – 90</b>  Opening the black-box of youth mental health care	
	<b>2 – Kathleen MacDonald – 366</b> Delivering rapid access to youth mental health services: Scaling up a first-episode psychosis screening program				

<b>4.00 pm - 4.20 pm</b>	<p><b>3 – Michelle Blanchard - 189</b></p> <p>By young people, for young people: the role of youth participation</p>	<p><b>Patricia Conrod – Invited Speaker</b></p> <p>Personality-targeted interventions for youth substance use and mental health problems: preventative effects and youth subjective experiences</p>	<p><b>Despina Papadopoulou – 267</b></p> <p>Making Emerging Adults with Mental Health Needs a Priority in Canada: Examining National, Provincial and Regional Perspectives</p>	<p><b>Alain Johnson – 138</b></p> <p>What’s Ahead in e-Counselling for Adolescents?: Development, Delivery and Evaluation of a Live Chat Service</p>	<p><b>Chelsea Robinson &amp; Gina Rembe – Invited Speakers</b></p> <p>Co-designing solutions to promote resilience in New Zealand young people</p>
<b>4.20 pm - 4.40 pm</b>	<p><b>4 - Kirsten Cleland - 222</b></p> <p>Embedding an early psychosis programme into a headspace service.</p> <p><b>5 – Christopher Bowie - 115</b></p> <p>Remote Cognitive Remediation: Using Web-Based Cognitive Training to Reach Underserved Populations</p> <p><b>6 - Louise McCutcheon – 408</b></p> <p>The challenges of implementing an early intervention program for BPD into a CYMHS</p>	<p><b>Rebecca Marsh – 268</b></p> <p>Concurrent treatment for youth with mental health and addiction challenges: presentation, outcomes, and lessons learned</p>	<p><b>Delina Evans &amp; Mat Ferguson – 210</b></p> <p>Using a creative design process with young people to develop an appropriate and accessible Youth mental health service: A design brief from an Early-lab field trip</p>	<p><b>Sally Bradford – 9</b></p> <p>‘MyAssessment’: Development, Clinical Uses and Outcomes, and Approaches for future implementation</p>	<p><b>Rebecca Randall- 73</b></p> <p>“I want to do something positive with my experiences” – how and why young people are involved in the Young and Well Cooperative Research Centre</p>
<b>4.40 pm - 5.00 pm</b>	<p><b>7 – David Charnock - 132</b></p> <p>The sisters of children with autistic spectrum disorder:</p>	<p><b>Marisa Mariella&amp;Halina Saliciccioli - 182</b></p>	<p><b>Zachary Lang- 146</b></p> <p>Reducing Stigma Through Peer</p>	<p><b>Atari Metcalf – 359</b></p> <p>ReachOut.com Cohort Study: a</p>	<p><b>Aoife Price &amp; Amelia Marley – 362</b></p>

	<p>The need for connection in approaches to mental well-being.</p> <p><b>8 - Angela Livingstone –96</b></p> <p>Transition to adult services for young people with ASD - how can this be improved?</p>	<p><b>iMATTER: Taking Care of Teen Mental Health</b></p>	<p><b>Outreach and Support</b></p>	<p>prospective follow-up study examining the role of online initiatives in promoting mental health literacy and early help-seeking</p>	<p>Jigsaw: An Irish mental health service shaped by young people for young people.</p>
<p><b>5.00 pm - 5.20 pm</b></p>	<p><b>9- Steve Leicester–304</b></p> <p>Right time, space and place – extending youth mental health care online through eheadspace</p> <p><b>10 – Dr. Patricia Pottie - 99</b></p> <p>Strongest Families Institute: Online Anxiety Intervention for Children and Youth</p> <p><b>11 – Stéphane Picard - 415</b></p> <p>The challenges of working with complex symptomatic youth and their families in an adolescent day hospital setting when isomorphism or parallel process occurs</p>	<p><b>Srividya Iyer - 386</b></p> <p>Evaluating ACCESS, a large-scale youth mental health services transformation project in Canada</p>	<p><b>Sonja March – 334</b></p> <p>Logging into therapy: A snapshot of the attitudes and intentions to use computer-based therapies of clinicians, adolescents, young adults and parents</p>	<p><b>Deepika Ratnaiké– 208</b></p> <p>Getting the balance right: Young people’s role in balancing the opportunities and issues emerging technologies provide for youth mental health services.</p>	<p><b>Tim Carter – 10</b></p> <p>Preferred intensity exercise - a useful strategy for young people with depression</p>
<p><b>5.20 pm</b></p>	<p><b>End of Day 1</b></p>				
<p><b>5.20 pm - 6.00 pm</b></p>	<p><b>IAYMH 2017 &amp; Beyond Conference Bid Q&amp;A (By Appointment with Kerryn Pennell) – Grand Salon Opera A, Level 4, Hyatt Regency Hotel</b></p>				
<p><b>5.20 pm - 6.30 pm</b></p>	<p><b>Special Interest Group: Youth Partnership in Research – Inspiration Meeting Room, Level 6, Hyatt Regency Hotel</b>  <i>Convened by Magenta Simmons</i></p>				



## Conference Day 2 - Saturday 10<sup>th</sup> October 2015

8.00 a m - 9.00 a m	<b>Registration &amp; Poster Set Up</b> – <i>Foyer, Theatre Misonneuve, Place Des Arts</i>				
8.00 a m - 8.45 a m	<b>IAYMH Annual General Meeting</b> – <i>Inspiration Meeting Room, Level 6, Hyatt Regency Hotel</i> IAYMH Members welcome to attend				
8:55 a m – 9:00 a m	<b>Conference Opening and Housekeeping</b> – <i>Theatre Misonneuve, Place Des Arts</i>				
	<b>Plenary 3</b> – <i>Theatre Misonneuve, Place Des Arts</i>				
9.00 a m - 9.20 a m	<b>Sarah Brennan and Patrick McGorry in Conversation with Muna Mohamed</b> <i>Advocating for and Achieving real world reforms and investment in youth mental health</i>				
9.20 a m - 9.40 a m	<b>Nicola Byrom</b> <i>Promoting Mental Health and Wellbeing in Higher Education: Taking Students With Us.</i>				
9.40 a m - 10.00 a m	<b>Debra Rickwood</b> Is headspace making a difference? Evaluating Youth Mental Health Service Innovation in the real world				
10.00 a m - 10.20 a m	<b>Questions</b>				
10.20 a m - 10.50 a m	<b>Coffee Break</b> – <i>Foyer, Theatre Misonneuve, Place Des Arts</i>				
10.50 a m - 12.30 p m	<p><b>Concurrent 12</b></p> <p><b>Stream</b>–Measuring what works, outcome and outputs</p> <p><i>Theatre Misonneuve – Place Des Arts</i></p> <p><b>Kathleen Alonso Helen Pepper</b></p>	<p><b>Concurrent 13</b></p> <p><b>Table Top Theme</b> – Community approaches and student wellbeing</p> <p><i>Grand Salon Opera B – Level 4 – Hyatt Regency Hotel</i></p> <p><b>James Barry Kabisha Velaluphillai</b></p>	<p><b>Concurrent 14</b></p> <p><b>Stream</b> – Strength-based approaches, resiliency and recovery</p> <p><i>Grand Salon Opera A – Level 4 – Hyatt Regency Hotel</i></p> <p><b>Sarah Brennan Luming Li</b></p>	<p><b>Concurrent 15</b></p> <p><b>Stream</b> - Social media, e-health and new technologies</p> <p><i>Soprano A&amp;B – Level 4 – Hyatt Regency Hotel</i></p> <p><b>Ian Boeckh Meagan Van Massenhoven</b></p>	<p><b>Concurrent 16</b></p> <p><b>Stream</b> – School and campus-based mental health initiatives</p> <p><i>Inspiration Meeting Room – Level 6 - Hyatt Regency Hotel</i></p> <p><b>Michelle Atkinson</b></p>

<p><b>10.50 am</b> - <b>11.10 am</b></p>	<p><b>Srividya Iyer – Invited Speaker</b></p> <p>Youth Mental Health Services Research and Evaluation: Considerations, Challenges and Opportunities</p>	<p><b>1 – Daphne Hutt-MacLeod - 274</b></p> <p>Developing spaces and places for youth mental health: The role of community development</p>	<p><b>Ian Manion &amp; Taylor Linseman – Invited Speaker</b></p> <p>It's in the mashed potatoes : Promotion and Prevention through meaningful youth engagement</p>	<p><b>Jane Burns – Invited Speaker</b></p> <p>Understanding Synergy: how technology can ensure young people receive support when they need it most</p>	<p><b>Stan Kutcher – Invited Speaker</b></p> <p>Integrated Mental Health Literacy in Secondary Schools; Model; Practice and Results</p>
<p><b>11.10 am</b> - <b>11.30 am</b></p>		<p><b>2 –Chiachen Cheng - 243</b></p> <p>Getting the Message Right: NorthBEAT's Innovative Knowledge Exchange and Stakeholder Engagement</p>	<p><b>Shalini Lal – 389</b></p> <p>Family experiences and perspectives on the subject of relapse in first-episode psychosis</p>	<p><b>Charlotte Connor – 120</b></p> <p>Don't turn your back on the symptoms of psychosis: the results of a proof-of-principle, quasi-experimental intervention to reduce duration of untreated psychosis</p>	<p><b>Daniel Kirsch – Invited Speaker</b></p> <p>College Mental Health in the U.S. – Overview and Critique</p>
<p><b>11.30 am</b> - <b>11.50 am</b></p>	<p><b>Rosie Purcell – 278</b></p> <p>What predicts transition in clinical stage among young people seeking help for</p>	<p><b>3 – Natalie Baker - 395</b></p> <p>Just Say Know: Engaging Young People living with Psychosis to Explore their Recreational Drug Use Using Creative Approaches</p>	<p><b>4 – Jonathan Delman - 368</b></p> <p>Key Factors impacting success of young adult peer recovery workers: Developing a research framework and providing practice guidance</p>	<p><b>Cherry Hense – 305</b></p> <p>Promoting young people's musical identities to facilitate recovery</p>	<p><b>Atari Metcalf – 196</b></p> <p>21st century mental health care: the role of online communities</p>
		<p><b>5 – Sarah Mughal - 324</b></p> <p>Making Noise. Changing Minds. How Students at McGill are Fighting Stigma</p>		<p><b>Kathryn Sabella – 372</b></p> <p>The experiences of young adult undergraduate college students with mental health</p>	

	mental health problems? Using clinical staging to better understand illness progression	<b>6 – Catherine Burrows - 224</b> Partners for Life: a school-based mental health initiative			conditions
<b>11.50 am - 12.10 pm</b>	<b>Leanne Hides – 219</b>  Testing the multidimensional model of mental health in young people	<b>7 – Christine McMulkin -382</b>  Stella's Place Peer Support Training Certificate: Equipping Young Adults with the Practical and People Skills Needed to fulfill Peer Support Worker Roles	<b>Joanna Henderson – 124</b>  Using stakeholder-informed research to influence system change: Findings from a national multi-community initiative	<b>Mario Alvarez-Jimenez – 87</b>  Moderated online social therapy for depression relapse prevention: Outcomes from the Latitudes 12-week pilot study	<b>Vibeke Krane- 193</b>  The perceived influence of teacher-student relationship on students mental health and dropout from high school
		<b>8 – Yifeng Wei - 49</b>  “Transitions” – An Evidence-Based Mental Health Literacy Resource for First Year Post-Secondary Students			
		<b>9 - Yifeng Wei– 48</b>  An Evidence-Based Mental Health Literacy Curriculum Resource for Secondary Schools			
<b>12.10 pm - 12.30 pm</b>	<b>John Moran – 414</b>  A National Research Priorities and Implementation Framework for Youth Mental Health Research in Australia	<b>10 – Michelle Cianfrone - 245</b>  Reaching Youth: e-Mental Health Resources for Young People in British Columbia	<b>Jai Shah – 339</b>  Health services and policy implications of staging models for high-risk states in youth mental health	<b>Rachel Kenny – 280</b>  Evaluating the Efficacy of Self-Monitoring Mobile Apps in Youth Mental Health: A Randomised Controlled Trial	<b>Barbara Dooley – 363</b>  Evaluation of the Mental Health Awareness Initiative (MHAi)

		<b>11 – Aoife Price - 326</b>  SPARKS – An Innovative and Accessible Mental Health Resource for Young People in Distress			
<b>12.30 pm - 1.40 pm</b>	<b>Lunch &amp; Marketplace – Foyer &amp; Salon Urbain, Theatre Maisonneuve, Places Des Arts</b>  <b>Performance - Ils m’ont dit</b> is a contemporary dance work that speaks to the inner world of young people with an experience of mental ill - health. It honours the complexity of their relationships with others, and celebrates the inherent dignity in their lives.  <b>Poster Session 2 – Tours commence @ 12:45pm</b> - Foyer, Theatre Maisonneuve, Places Des Arts <b>Stream:</b> Suicide and Self-Harm <b>Stream:</b> Youth participation <b>Stream:</b> New Technologies <b>Stream:</b> Brain Development <b>Stream:</b> Substance Use <b>Stream:</b> Employment <b>Stream:</b> Physical Activity <b>Stream:</b> Strength-based Approaches <b>Stream:</b> Measuring Outcomes				
<b>1.40 pm - 3.00 pm</b>	<b>Concurrent 17</b>  <b>Stream – Mental health literacy and stigma</b>  <i>Theatre Maisonneuve – Places Des Arts</i>  <b>Sarah Alvo</b>	<b>Concurrent 18</b>  <b>Stream – Social media, e-health and new technologies</b>  <i>Grand Salon Opera A– Level 4 - Hyatt Regency Hotel</i>  <b>John Moran</b>	<b>Concurrent 19</b>  <b>Table Top Theme – Youth engagement and participation</b>  <i>Grand Salon Opera B – Level 4 - Hyatt Regency Hotel</i>  <b>Tabitha Whitney Helen Coughlan</b>	<b>Concurrent 20</b>  <b>New service models, care culture and workforce</b>  <i>Soprano A&amp;B – Level 4 - Hyatt Regency Hotel</i>  <b>Tommy Chan</b>	<b>Concurrent 21</b>  <b>Stream - Vulnerable and diverse population groups</b>  <i>Inspiration Meeting Room – Level 6- Hyatt Regency Hotel</i>  <b>Andrew Chanen Alice Montague</b>
<b>1.45 pm - 2.05 pm</b>	<b>Ross Norman – Invited Speaker</b>  Stigma associated with	<b>Mario Alvarez-Jimenez– 315</b>  The Meridian Project:	<b>1 –Jon Wilson - 194</b>  The Norfolk Youth Mental Health Model: Description, design,	<b>Max Birchwood – 123</b>	

	psychotic disorders; Some potential levers for change	Moderated Online Social Therapy for Supporters of Young People Suffering from Depression and Anxiety	development and data of a novel pilot youth mental health service in the UK  <b>2 –Sam Wild - 183</b>  Yarn Safe - a co-design mental health campaign for Aboriginal and Torres Strait Islander young Australians	Development of a new 0-25 children and young people’s mental health services in Birmingham, UK	
<b>2.05 pm - 2.25 pm</b>	<b>Eilis Hennessy – 373</b>  Understanding the roles of adults and peers in the development of stigma towards ADHD: Contributions from three experimental studies	<b>Brandi Bell – 159</b>  Exploring the Paradoxes of Digital Media and Youth Mental Health: Grounding Research in Young Lives	<b>3 –Aaron Galbraith - 365</b>  Young People are Making Change.  <b>4 – Deepika Ratnaike - 361</b>  The power of youth participation: how involving young people can address issues of quality and access in mental health service delivery  <b>5 –Christopher Canning - 36</b>  The Mental Health Strategy for Canada: A Youth Perspective	<b>Bob Illback – 289</b>  Description and Outcome Evaluation of Jigsaw: An Emerging Irish Mental Health Early Intervention Programme for Young People	<b>Daphne Hutt McLeod – 226</b>  A Wounded Eagle Learns to Soar: Eskasoni First Nation’s Experience with Implementing a Community Mental Health Model
<b>2.25 pm - 2.45 pm</b>	<b>Larissa Karklins– 55</b>  Coping, mental health and cyberbullying: Understanding the coping behaviours of adolescents and their reluctance to seek help	<b>Michelle Blanchard – 190</b>  Technology and mental health: the role of e-mental health services in practice	<b>6 – Lisa Lachance - 234</b>  The CYCC Network - Youth at the Heart of Knowledge Mobilization  <b>7 – Michelle Atkinson - 387</b>  Straight from the horse's mouth: Maximising value from youth consumer participation  <b>8 – Robert Leon Jorgensen - 318</b>  Peer to peer organizations working with young people and mental health	<b>Timothy Clarke &amp;Uju Ugochukwu – 198</b>  The Norfolk Youth Mental Health Model: Pathways to care of young people accessing a pilot youth mental health service	<b>Margaret Walsh – 307</b>  Using technology to engage justice involved youth in building strengths and learning emotion regulation, self-control and problem solving skills

			issues in Norway. What can professionals health services learn?		
			<b>9 – Magenta Simmons - 309</b> Right Choice Right Time: Empowering Young People to Make Evidence-Based Decisions about Treatment for Depression		
<b>2.45 pm - 3.05 pm</b>	<b>Emma Corlett – 133</b>  As this is only now	<b>Caroline Donovan – 113</b>  BRAVE-ONLINE: Successes and challenges associated with wide scale dissemination of an internet-based CBT program for youth anxiety disorders	<b>10 – James Barry – 292</b>  An Investigation of Youth Participation in an Irish Youth Mental Health Service: Staff and Young People’s Perspectives.  <b>11 – Jane Burns – 356</b>  The e-Mental Health Clinic: breaking down traditional mental health care barriers by utilizing new and emerging technologies	<b>Gina Rembe – 265</b>  Impact evaluation for complex problems – increasing speed, agility & effectiveness	<b>Amanda Fitzgerald – 111</b>  A Randomized Controlled Trial of a Computerized Attention Bias Modification Training for Socially Anxious Adolescents: Is It Really Worth Attending To?
<b>3:05 pm - 3:30 pm</b>	<b>Coffee Break – Foyer, Theatre Maisonneuve, Places Des Arts</b>				
<b>3.30 pm - 4.00 pm</b>	<b>Youth Panel in conversation with Michelle Blanchard</b> <i>Theatre Maisonneuve, Places Des Arts</i>				
<b>4.00 pm - 4.20 pm</b>	<b>Lock Note Address</b> <b>Ian Manion &amp; Emily Mignacca</b> <i>Theatre Maisonneuve, Places Des Arts</i>				
<b>4:20 pm - 4.30 pm</b>	<b>Conference Closing Remarks with Patrick McGorry &amp; Ashok Malla</b>				